



## TONING (NOT TUNING) OUR WORSHIP 1 THES. 5:16-18

### Working Toward Worship

Definition: Worship is our response to God's revelation.

"But the hour is coming, and is now here, when the true worshipers will worship the Father in **spirit** and **truth**, for the Father is seeking such people to worship him" (Joh 4:23)

"I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your **spiritual** worship. (Rom. 12:1)

"Do not be conformed to this world, but be transformed by the **renewal of your mind**, that by testing you may discern what is the will of God, what is good and acceptable and perfect. (Rom. 12:2)

### Worshiping Community/Worshiping Individual

**V. 18(b) "For this is God's will in Christ Jesus for you."**

**V. 16 "Rejoice always"**

**V. 17 "Pray without ceasing"**

**V. 18 "Give thanks in all circumstances"**

### Spiritual Act of Worship

Reflect and pray for a day or more on these commands. Determine which of the three you believe God is asking you to focus on at this time in your life?

For the next \_\_\_\_\_ months I will focus on \_\_\_\_\_.

Look up verses which use this word (rejoice, pray, give thanks). Many Bibles have a key word index in the back. Read through the verses waiting for one to speak to you. Write it down. Memorize it. Try doing this once a week.

Write a memorable short prayer expressing your desire to grow in obedience to the command you mentioned above. Pray it throughout your day.

These commands represent part of "God's will" for believers. How can you avoid legalistic thinking and resentful duty obedience in keeping them? What must stay at the forefront of your thinking? (c.f. 1Thes. 1:4-5; 5:23-24)

How would obeying this command impact your life?

Brainstorm ways to keep fresh and active in pursuit of greater obedience to this goal. (Resources. People. Goals. Retreats. Etc.)

What is your plan to begin each morning remembering to "practice" this command? What will you do to keep aware of this command throughout your day?

If you want, consider separating 2019 into thirds. Use each third to focus on developing obedience to one of the three commands.