



ENCOUNTERING CHRIST

ACTS 2:41-47

“And they devoted themselves to the apostles’ teaching and the fellowship, to the breaking of bread and the prayers.” Acts 2:42

²³ For I received from the Lord what I also delivered to you, that the Lord Jesus on the night when he was betrayed took bread, ²⁴ and when he had given thanks, he broke it, and said, "This is my body which is for you. Do this in remembrance of me." ²⁵ In the same way also he took the cup, after supper, saying, "This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me." ²⁶ For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes. ²⁷ Whoever, therefore, eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty concerning the body and blood of the Lord. ²⁸ Let a person examine himself, then, and so eat of the bread and drink of the cup. ²⁹ For anyone who eats and drinks without discerning the body eats and drinks judgment on himself. 1Co 11:23-29

Going Deeper

(For individual or small groups to go deeper with the passage)

- Read Acts 2:41-47 three or four times.
- Read John 6:25-51. Who is involved in this passage?
- According to Jesus, what was motivating the people looking for Jesus? How do you see this reflected in the 1 Corinthians 11 passage?
- What was the purpose of the “bread from heaven” given to the people in the wilderness? How does Jesus bring the meaning of this “bread from heaven” to its fullness?
- Paul warns the church in Corinth not to take the Lord’s Supper lightly, but rather to realize the gravity of this meal. What are some ways you could take the bread and juice in an “unworthy” manner?
- What is the difference between being “unworthy to take” and “taking in an unworthy manner”? How does the significance of the meal itself address this distinction?
- Spiritual Exercise: Set a reminder on your phone, or write one in your day planner, for the Saturday before our next communion Sunday (3/2). Think about how you could take some extra time that Saturday night (or Sunday morning) to intentionally prepare to encounter Jesus at His table and let Him minister life and grace to you.

“They walk by us in the hundreds or thousands every day. They would be the last to say they have any claim whatsoever on God. The pages of the Gospels are cluttered with such people. And yet: ‘He touched me.’ The rule of the heavens comes down upon their lives through their contact with Jesus. And then they too are blessed – healed of body, mind, and spirit – in the hand of God.”

~ Dallas Willard