



## BREATH & WORD

### 1 JOHN 4:13-16

#### Background

Date: 80's Author/Reader: Apostle John/Circular Letter  
Occasion: Firm faith against seductive false teaching  
Theme: Live in the Light. Christ is the Light.  
Tone: A father's heart to clarify, assure, gird, and guide

<sup>13</sup>By this we know that we abide in him and he in us, because he has given us of his Spirit. <sup>14</sup>And we have seen and testify that the Father has sent his Son to be the Savior of the world. <sup>15</sup>Whoever confesses that Jesus is the Son of God, God abides in him, and he in God. <sup>16</sup>So we have come to know and to believe the love that God has for us. God is love, and whoever abides in love abides in God, and God abides in him. (1John 4:13-16 ESV)

#### Who is the Holy Spirit? (1 John 4:13)

“By the word of the LORD were the heavens made,  
their starry host by the breath of his mouth.”

~ Psalm 33:6

#### The Spirit & The Word (1 John 4:14)

#### The Spirit & the Breath (1 John 4:15-16)

“And I will ask the Father, and he will give you another  
Helper/Counselor/Advocate, to be with you forever.”

~ John 14:16

#### Going Deeper

(For individual or small groups to go deeper with the passage)

1. Read 1 John 4:13-16. What can you learn about Jesus from this passage?
2. Who has been given the Spirit? Consider: Acts 2:28 and Romans 8:9-10.
3. Read John 14:16-17. Look up the word *παράκλητος* translated “Helper” or “Counselor” in a Bible dictionary. What does the word mean? Where else does John use the word? What is the significance of this “*παράκλητος*” being “another” in John 14:16?
4. When you think about the Holy Spirit... what do you think? How have you seen or experienced the Holy Spirit at work in your life?
5. How would you describe the relationship between the Spirit's ministry in your life and the written words of God in the Bible? How do they interact?

Spiritual Exercise: Choose either Romans 8, John 14:12-31 & John 16, or Galatians 5. Read, study, and reflect on this passage daily this week. Then, in prayer, ask the Holy Spirit to open your eyes to His work in your life and how you can grow in understanding and following Jesus through His leading daily.