



Summer in the Psalms

Psalm 40 Notes:

What is the book of the Psalms? a shaped collection of poetic prayers and songs that artistically reflect the 5 books of law and point to Jesus

Purpose of the Psalms: a guidebook along the path of blessing, “an instruction manual for living a truly happy and holy life”

Message of the Psalms: Yahweh is Our King of Blessing
“How are you meditating and delighting in the Psalms this Summer?”

1. My _____
 - a. In _____
 - b. _____ to do anything but _____
 - c. In need of _____
 - d. Surrounded by _____
- _____

2. God’s _____
 - a. He _____ me and _____
 - b. He _____ me in a _____ of security
 - c. He _____ me new _____
 - d. He _____ acts

3. My _____ to _____
 - a. Praise
 - b. New _____ on life
 - c. Prayer
 - d. _____ God _____

DIGGING DEEPER as YOU DIG THE PSALMS this SUMMER:

1. How does any psalm you read relate to the purpose and message of the whole collection, summarized in Psalms 1 & 2?
2. Is there any indication of what occasion or author or time period this prayer came out of?
3. How is this a Messianic Psalm? How do we read it as followers of Jesus? Does it predict Jesus, tie into His life, reflect a prayer He could have prayed or we could pray to Him? How does it connect to the kingdom of the Son and the promised blessing that God will pour into it?
4. How could you pray this prayer or sing this song? Does it remind you of a song you know that you could sing right now?
5. THE BLESSED LIFE: How are you blessed? How can you seek God’s blessing? How can you bless God’s name, the name of Yahweh, where you are in your life, dry or abundant?