



# LIVE IN THIS MOMENT

PHILIPPIANS 3:12-15; EZRA 3:10-13

## Principle:

**God Taught Me:** \_\_\_\_\_

“But one thing I do: **Forgetting what is behind** and straining toward what is ahead, I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.” (Phi. 3:13-14)

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“Paul will not allow either the achievements of the past (which God has wrought) or, for that matter, his failures as a Christian to prevent his gaze from being fixed firmly on the finish line.”  
~ Peter O’Brien

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“The life of faith is lived one day at a time, and it has to be lived— not always looked forward to as though the ‘real’ living were around the next corner. It is today for which we are responsible. God still owns tomorrow.” ~ Elisabeth Elliot

## Going Deeper

(For individuals or small groups to go deeper with the passage)

1. Read Philippians 3:12-15. What is the “one thing” for which Paul strains? How does Paul do that on a daily bases?
2. Study the word “perfect” ( *τελειόω* in Greek) in 3:12. This link will give you some more insight into the original word: <https://biblehub.com/greek/5048.htm>. What is Paul keenly aware of in his spiritual journey?
3. How does the racing imagery help you understand the dangers of only looking back or forward and ignoring the present?
4. In Phil. 3:12-15, what has God already done and what is Paul actively doing? How do those challenge you and comfort you?
5. Do you tend to live in the past, the future, or the present? Why do you think this is?
6. Spiritual Exercise: As you read Philippians 3:12-15 again, ask the Holy Spirit to reveal to you how to respond to this passage in your life today. What is He asking you to do?